



# Chocolate, Coconut & Chai Energy Balls

## Ingredients

- 10 Dates, pitted (medjools work well)
- 1/2 cup nuts (soaked)
- 1/2 cup shredded coconut
- 1 TBSP water (or more)
- 1 TBSP Cocoa powder
- 1 TSP Mom's Chai mix

## Prep Time

- Soak nuts for 6-8 hours
- Preparation: 20 to 30 minutes.



## Directions

### PREPARING MIX

Reserve 1/4 cup of shredded coconut for preparing the balls. Add remaining ingredients into a blender or food processor. Blend until smooth and all ingredients stick together. Add additional water if needed.

### PREPARING BALLS

Line a cookie sheet with parchment paper. Remove mixture and place into bowl. With a spoon, take about a tablespoon amount of mixture and roll into a ball.

Roll ball into remaining shredded coconut and set on the cookie sheet.

Chill the balls in the refrigerator for 1-2 hours. Enjoy as a snack late morning or afternoon.

Avoid snacking during evening.